EMMA PRESTON
PERMANENT MAKEUP

info@emmapreston-pmu.co.uk I 07545777450 I www.emmapreston-pmu.co.uk

Before your laser appointment

In some cases, you may not be a suitable candidate for a laser treatment, please read the information below before your appointment:

- Must be over 18 years old
- Tattoos must be 6 months old or more
- Permanent make up enhancements must be 3 months old or more
- You cannot have treatment if you are pregnant or breastfeeding
- Stop using topical steroids or Accutane in the treatment area 6 months before treatment
- Stop using Retin A, AHA's a few days before treatment
- Avoid sun exposure 2-4 weeks prior to treatment
- Treatment cannot proceed if you are wearing fake tan or have active sun exposure/burn
- You cannot have treatment if you are taking any of the following, doxycycline and ciprofloxacin, Anti-inflammatory naproxen, St Johns Wart, Hydrochlorothiazide, Sulfonylureas, glyburide and glipizide, Methotrexate
- You cannot have treatment if you have diabetes and are insulin dependent, have lupus or epilepsy or another auto immune condition
- You cannot have treatment if you have impetigo

You will be required to complete a Medical Health Form prior to treatment.

Laser Removal Aftercare

Please take a couple of minutes to read the laser aftercare advice below.

Within the next week the treatment area will start to heal.

It takes 24 hrs for your skin to establish a protective barrier; please don't touch (or let anyone else touch) the area to help prevent infection during this time.

After your treatment you may notice: (these are some guidelines everyone's skin reacts in slightly different ways)

- Frosting' on the skin or hair (white raised vapour bubbles) which will gradually subside
- Tiny spots of pin prick bleeding
- The treated area is raised
- The area around your tattoo is red (erythema)
- Itching
- Bruising
- Blistering (this is unlikely but apply cold compresses, do not pick)
- Swelling around the eye area (lids, socket, under eye, bridge of nose)
- Change of colour of the tattoo / treated area
- A micro-scab forms over the wound approximately 5 days post-procedure (which can look like dry skin. Don't pick this, let it come away naturally)

Managing your expectations

The skin takes 6-8 weeks to heal after your treatment. The final result will not be what you see straight after your treatment. As the weeks go on after your session you will begin to see progress. Trust the process.

It is difficult to predict how many sessions it will take or if your tattoo/brow will be removed completely.

Please carefully follow the aftercare advice after your treatment:

- Keep area clean and dry for the next couple of days, you can still shower but avoid high pressured water, or soaking the area
- Do not touch pick or rub the treated area
- Use cool packs or a cold compress to cool and soothe the area and to reduce swelling
- Do not apply anything to the skin apart from the A+D balm provided after 2 days have passed, then apply a thin layer for 2-5 days massaging the treated area gently
- Do not apply make-up or skincare products to the area for 2-5 days
- Brows can be tinted 24-48 hours after session if necessary
- Please do not "Laminate" brows for 2 weeks post session
- Avoid injectables and invasive skin treatments for 2 weeks post laser session
- Anti-inflammatory medication can be taken (ibuprofen, anti histamines)
- Keeping up right and as active as possible will encourage lymphatic drainage (the pigment particles to leave your body) and will help with swelling
- Drink lots of water
- Avoid alcohol the days prior and post treatment

IMPORTANT NOTES:

- In most cases, if scarring is caused this is mostly due to picking the wound or micro-scab or touching the removal site and introducing an infection. Please resist the urge to touch or pick.
- During the removal process and for 6 weeks afterwards you will need to **keep your treatment area out of sunlight,** once healed you can use SPF on the area to keep it protected from the sun (minimum SPF 50). If the area has been exposed to the sun or any sort of suntan is obtained, you will need to wait 30 days before another session.
- You may notice that the area is lighter than the surrounding skin (hypopigmentation). In most cases this will resolve entirely over time.
- You may notice that the skin is slightly darker than the surrounding skin (hyperpigmentation). In most cases this will resolve over time.
- You may notice that there are changes to the texture of the skin; this is likely to have been caused by the original tattoo rather than the removal process.
- A minimum of 6-8 weeks is required between removal appointments.
- If you intend to have a cover up tattoo/brow on the site of the removal please wait for at least 8 weeks until the dermis is completely healed before you have your new procedure.

Any questions?
If you have any questions or concerns about your procedure, please feel free to contact me.

info@emmapreston-pmu.co.uk I 07545777450 I www.emmapreston-pmu.co.uk