

PRE-TREATMENT ADVICE

To achieve the best results, you will be required to return for a complimentary top-up procedure between 6 and 12 weeks after the initial appointment.

The colour will be significantly sharper and darker immediately after the procedure. This will subside and become softer as the skin heals. This process can take up to 14 days.

* Please inform me of any medications or health issues so we can discuss these

General Pre-Treatment Advice

- Do not drink caffeine before your appointment
- Do not take aspirin or anti-inflammatory medication such as Ibuprofen 2 days prior to your enhancement
- Some natural ingredients like ginger, turmeric, and fish oil are blood thinning agents and it is best to avoid these a few days before your appointment
- Do not discontinue any medication before consulting your doctor
- Keep alcohol intake to a minimum 2 days prior to your enhancement
- Do not use 1% Retin A skincare products close to the area to be treated for 6 weeks prior your procedure
- Do not use AHA skincare products close to the area to be treated for 4 weeks prior to your procedure
- Avoid professional chemical peels close to the procedure site for 4 weeks prior to your procedure
- The National Blood Service does not accept donations of blood for 4 months after micro-pigmentation
- Please let me know if you have an MRI scan scheduled

Brows

- Waxing and threading treatments - no less than 1 week prior to your procedure
- IPL laser hair removal - no less than 2 weeks prior to your procedure
- Electrolysis treatments - no less than 2 weeks prior to your procedure
- Eyebrow tinting or brow stimulating products - no less than 4 weeks prior to your procedure
- Botox in the brow region - no less than 2 weeks pre procedure

Eyeliner

- Eyelash tinting or eyelash perming treatments - no less than 2 weeks prior to your procedure
- Eyelash stimulating/growth products should not be used for **6 months prior** to your procedure as this can cause the pigment to spread in the skin
- Artificial lashes should be removed 1 week prior to your procedure and not reapplied for 2 weeks post procedure
- Do not wear contact lenses during or immediately following your procedure. You may resume wearing your contact lenses 24 hours after the procedure.
- If you have Glaucoma or cataracts you will not be able to have an eyeliner enhancement

Lips

- If you have a history of cold sores (herpes simplex) I advise you to use anti-herpes medication for example Zovirax. Use the preparation 1-week prior and 1-week after your enhancement. Medication will control the incidence of an outbreak more or less completely.
- IPL laser hair removal around the mouth - no less than 2 weeks prior to your procedure
- Waxing and bleaching treatments - no less than 2 weeks prior to your procedure
- Electrolysis treatments - no less than 2 weeks prior to your procedure
- Dermal fillers in the lip - no less than 2 weeks prior to your procedure