

# **LASER TATTOO REMOVAL INFO PACK**

## **FIRST STEPS**

BOOK YOUR FREE 30 MINUTE CONSULTATION SO THAT WE CAN DISCUSS YOUR TREATMENT PLAN AND CONDUCT A PATCH TEST. DURING THE TEST A SMALL AREA OF THE TATTOO SITE WILL BE TREATED WITH THE LASER TO ESTABLISH WHICH SETTINGS ARE BEST FOR YOU

## **LASER CONTRAINDICATIONS**

LASER TATTOO REMOVAL MAY NOT BE SUITABLE FOR YOU IF YOU HAVE ANY OF THE FOLLOWING CONTRAINDICATIONS:

- UNDER 18 UNLESS WITH PARENT PRESENT
- SUN TAN/ SUN BURN AT TIME OF TREATMENT (AVOID PRE AND POST TREATMENT)
- ACCUTANE, TRETINOIN AND RETIN A - STOP USE BEFORE EACH APPOINTMENT
- ANTIBIOTICS SUCH AS DOXYCYCLINE AND CIPROFLOXACIN
- PREGNANT OR BREASTFEEDING
- LUPUS OR EPILEPSY
- IMPETIGO PRESENT
- AUTOIMMUNE CONDITION
- INFLAMMATORY DISORDERS
- TATTOOS LESS THAN 3 MONTHS OLD

## **HOW MANY SESSIONS WILL YOU NEED?**

EVERYONE PERSON AND EVERY TATTOO IS DIFFERENT SO IT IS DIFFICULT TO GUARANTEE HOW MANY SESSIONS. EYEBROWS CAN GENERALLY TAKE 2-4 SESSIONS TO BE REMOVED. BODY TATTOOS CAN TAKE MULTIPLE, SOMETIMES UP TO 10 SESSIONS

## **WHAT HAPPENS AT YOUR FIRST APPOINTMENT (AFTER THE PATCH TEST)**

THE AREA IS CLEANED AND LASER TREATMENT APPLIED TO THE SKIN.

## **IMMEDIATELY AFTER**

- ON THE DAY YOU MAY SEE FROSTING ON THE AREA OR REDNESS SURROUNDING THE TREATMENT SITE. THIS SHOULD SUBSIDE WITHIN 24 HOURS
- IF BLISTERS APPEAR WHICH IS UNLIKELY, TREAT WITH COLD PACKS, ALOE VERA AND DO NOT PICK/BREAK THE SKIN
- AVOID ALCOHOL DURING THE FOLLOWING DAYS AFTER TREATMENT, YOUR BODY IS WORKING TO REMOVE THE INK/PIGMENT AND COULD RESULT IN AN INEFFECTIVE TREATMENT IF YOUR LYMPHATIC SYSTEM IS WORKING TO REMOVE ALCOHOL INSTEAD

## **POST TREATMENT ADVICE**

- KEEP THE AREA DRY FOR 2 DAYS
- WEAR A PROTECTIVE DRESSING TO KEEP AREA DRY OR TO AVOID CLOTHES RUBBING IF NECESSARY (ONLY IF NEEDED)
- DO NOT APPLY ANYTHING TO THE SKIN APART FROM ALOE VERA GEL. APPLY A THIN LAYER FOR 2-5 DAYS
- AVOID HARSH PRODUCTS, ANYTHING THAT MAY IRRITATE ON THE AREA
- DO NOT APPLY MAKE-UP OR SKINCARE PRODUCTS TO THE AREA FOR 2-5 DAYS
- NO SUN EXPOSURE FOR 6 WEEKS, ONCE HEALED ENSURE SPF IS USED ON THE AREA
- NO HEAT TO THE BODY, EXCESSIVE EXERCISE, SAUNA, JACUZZI, SUN
- NO PICKING THE AREA
- KEEP THE AREA AS CLEAN AND UNTOUCHED AS **POSSIBLE**
- AVOID INJECTABLES AND INVASIVE SKIN TREATMENTS FOR 2 WEEKS POST LASER SESSION

## **NEXT STEPS**

THE SKIN TAKES 6-8 WEEKS TO HEAL AFTER YOUR TREATMENT. THE FINAL RESULT WILL NOT BE WHAT YOU SEE STRAIGHT AFTER YOUR TREATMENT. AS THE WEEKS GO ON AFTER YOUR SESSION YOU WILL BEGIN TO SEE PROGRESS. TRUST THE PROCESS.

ONCE ENOUGH INK OR PIGMENT HAS BEEN REMOVED AND THE SKIN IS HEALED YOU CAN HAVE THE AREA TREATED AGAIN WITH NEW PERMANENT MAKEUP OR INK

## **ANY QUESTIONS?**

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